



Nevada Humanities Explores How Art and Mental Health Connect

“Art and Mental Health” Conversation on July 13 Features Double Scoop’s Kris Vagner

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June 21, 2022—RENO, Nev—Nevada Humanities, in partnership with *Double Scoop*, is hosting a timely conversation about the many connections between art and mental health. [Art and Mental Health](#) will feature panelists Holly Hutchings, journalist and producer of the Art + Mental Health podcast; Manal Topozada, founder and Executive Director of Note-Able Music Therapy Services; and artists Rob Garrett and Jessica Schimpf, who will share their stories and perspectives about how art and mental health intersect in their own lives. This event will be moderated by Kris Vagner, founder and editor of *Double Scoop*, with an audience Q+A to follow. *Art and Mental Health* will be held in person on **July 13, 2022, at 6:00-7:30 pm** at Arts for All Nevada at the Lake Mansion pavilion in Reno. This event requires advance registration; [register](#) at nevadahumanities.org.

The event highlights Nevada Humanities’ mission to build just and healthy communities through conversation and connection, as well as *Double Scoop*’s ongoing efforts to report on the intersections between visual arts and the social issues that matter to Nevadans.

“Over the past couple of years, the pandemic has helped elevate the national conversation about mental health and pushed this crisis into mainstream conversations in the media and beyond,” notes Christina Barr, Executive Director of Nevada Humanities. “The arts and humanities are key components to a healthy and well-lived life, and this important event will help broaden our understanding about the role of creativity in facilitating individual and community health for us all.”

“Art intersects with real life in so many ways,” notes Kris Vagner, editor of *Double Scoop*. “We’re glad to have this opportunity to help illuminate one of them this summer by bringing Nevada artists’ stories about mental health into the spotlight.”

About *Double Scoop*: [Double Scoop](#) is a statewide media outlet that covers the visual arts in Nevada.

About Nevada Humanities: Nevada Humanities is one of 56 independent, nonprofit state and territorial humanities councils affiliated with the National Endowment for the Humanities. With offices in Reno and Las Vegas, Nevada Humanities creates public programs and supports public projects statewide that define the Nevada experience and facilitate the exploration of issues that matter to the people of Nevada and their communities. For more information about Nevada Humanities visit nevadahumanities.org.

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