

## **Yaseline Guterrez**

Grade 7 - K.O. Knudson Academy of Art Middle School

*Blocking Out the Noise*

Colored Pencil on Paper

During the shutdown a lot of people were able to find hobbies that they were really interested in since we had to spend so much time at home. The world was a mess, and a lot of people were confused and afraid. Many of them found ways to cope with what was going on. They were able to find something that could calm them down. Something that could make them feel safe. Something that could make them feel like they had control over what was happening. For me that was art. I had control over what I was going to create. I had control over the message that I wanted to give to others. When I would create art, I would forget about everything. It was something that was very comforting to me during that time, and still is.

In my piece I show how at ease art made me feel. The easel is keeping back the mess and chaos of the world from getting into my head. The easel is more appealing and neat. Wanting to focus on the easel and not the mess that is going on outside of it. Not being able to understand what is happening. Only knowing what you are creating and understanding how much control you have over that.